

Behold the Beloved

Contemplating Christ with St. John of the Cross and St. Teresa of Avila.

A Los Olivos Retreat-Pilgrimage: Segovia 31 May – 5 June 2021



	Mon	Tues	Wed	Thurs	Fri	Sat
08.30h		Morning Prayer	Morning Prayer	Morning Prayer	Morning Prayer	
09.00h		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10.00h		Retreat session: <i>Contemplating Christ with John of the Cross</i>	Retreat session: : <i>Contemplating Christ with Teresa of Avila</i>	Pilgrimage Walk in Avila: Teresa & John in Avila	Retreat session: <i>Behold the Beloved</i>	<i>Guests depart</i> Travel to Madrid *
11.30h		<i>Coffee Break</i>	<i>Coffee Break</i>		<i>Coffee Break</i>	
13.00h		Lunch	Lunch	Lunch**	Lunch	
After-noon	Guests arrive / Travel to venue*	Personal Time (Quiet Time)	Personal Time (Quiet Time)	Visit La Encarnación & San José monasteries, Avila	Personal Time	
17.00h	<i>Afternoon Tea</i>	<i>Afternoon Tea</i>	<i>Afternoon Tea</i>	<i>Return to Segovia</i>	<i>Afternoon Tea</i>	
17.30h	Welcome & Intro: <i>St. John of the Cross in Segovia (guided visit of the church with Fr Salvador Ros)</i>	Pilgrimage Walk in Segovia: In the footsteps of John of the Cross (<i>Fonte</i>) by the river to the Aqueduct	Pilgrimage Walk in Segovia: <i>Imagi Christi</i> in sacred art (cathedral visit)	19.00h Reflections on the day	Concluding Session	
					Eucharist	
20.00h	Dinner	Dinner	Dinner	Dinner	Dinner	
21.30h	Night Prayer	Night Prayer	Night Prayer	Night Prayer		

* A courtesy mini-bus will leave Madrid Chamartín Train Station at 15.00h. Guests who wish to use this service to travel to Segovia, please, meet at the Station at 14.45h. Your Los Olivos host will be by the Tickets & Information Centre inside the terminal. The return courtesy mini-bus will leave Segovia on Saturday at 10.00h and arrive in Madrid at 11.30h.

** Lunch is not included in the price. Guests will be free to have lunch at a local restaurant / tapas bar in Avila city centre.