

Navigating the Affairs of the Soul

Exploring the wisdom of the Spanish mystics

20-25 September 2021



	Mon	Tues	Wed	Thurs	Fri	Sat
08.30h		Morning Prayer	Morning Prayer	Morning Prayer	Morning Prayer	
09.00h		Breakfast	Breakfast	Breakfast	Breakfast	09.00h Breakfast
10.00h		Retreat session: <i>Teresa's Wisdom through her letters</i>	Retreat session: <i>John's Wisdom through his letters</i>	Pilgrimage Walk in Baeza	Retreat session: <i>Lessons from letters by Teresa & John</i>	<i>Guests depart</i> Travel to Málaga*
11.30h		<i>Coffee Break</i>	<i>Coffee Break</i>		<i>Coffee Break</i>	
13.00h		Lunch	Lunch	Lunch**	Lunch	
After-noon	Guests arrive / Travel to venue*	Personal Time	Personal Time	<i>Return to Úbeda and Personal Time</i>	Personal Time	
17.00h	<i>Afternoon Tea</i>	<i>Afternoon Tea</i>	<i>Afternoon Tea</i>	<i>Afternoon Tea</i>	<i>Afternoon Tea</i>	
17.15h	Welcome & Intro Session: <i>The World of the Spanish Mystics</i>	Retreat Session: <i>Teresa, God & money</i> Evening walk in Úbeda	Guided Visit of the St John of the Cross Museum	Retreat session: <i>Navigating the affairs of the soul in the world in which we live</i>	Concluding Session Eucharist	
20.00h	Dinner	Dinner	Dinner	Dinner	Dinner	
21.30h	Night Prayer	Night Prayer	Night Prayer	Night Prayer		

* A courtesy mini-bus will leave Málaga Train Station (María Zambrano) at 14.30h. Guests who wish to use this service to travel to Úbeda, please, meet at the Station at 14.00h. Your Los Olivos host will be by the Tickets & Information Centre inside the terminal. The return courtesy mini-bus will leave Úbeda on Saturday at 10.00h and arrive in Málaga at 12.30h.

** Lunch is not included in the price. Guests will be free to have lunch at a local restaurant / tapas bar in Baeza city centre.