

# Quiet Day at Home Morning Prayer



# MORNING PRAYER

Sources: NZL.MP4, CDP.MP, IAWB.MP, JC.SC.; JC.SLL.



Jesus said: "I am the light of the world.  
Whoever follows me will not walk in darkness,  
but will have the light of life."

*Silence*

O God, open our lips;

**And our mouth shall proclaim your praise.**

Blessed are you, loving God, our beginning and our end,  
to you be glory and praise for ever!

From the rising of the sun to its setting, your life and your love  
fill every corner of the earth. Fill us with your Spirit afresh this  
day, that we may walk the road less travelled together and by  
your grace reveal your presence in the world,  
Creator, Redeemer, and Giver of Life:

**Blessed be God for ever!**

God calls us to love one another:

**O come let us worship.**

Looking for my Love,

I will walk through these mountains, by these rivers,

**I WILL NOT PICK THE FLOWERS, NOR WILL I FEAR THE BEASTS,  
AND I WILL CROSS THROUGH FORTRESSES AND BORDERS.**

O forests and deep thickets, planted by the hand of the Beloved

**O MEADOWS OF GREEN PASTURES,**

**PAINTED WITH COLOURFUL FLOWERS!**

**TELL ME IF HE HAS PASSED BY YOU.**

Pouring a thousand graces he hurrily passed by these groves  
**AND AFTER LOOKING AT THEM, SOLELY BY HIS PRESENCE**  
**HE CLOTHED THEM WITH HIS BEAUTY.**

The night has passed and the day lies open before us;  
let us pray with one heart and mind:  
**As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you and others,  
now and for ever. Amen.**

*The reading for the day (followed by silence)* Matthew 5: 1-12.

For the Word of the Lord,  
**THANKS BE TO GOD.**

### *Prayers*

El alma sola, sin maestro, que tiene virtud, es como el carbón encendido que está solo; antes se irá enfriando que encendiendo.  
**The virtuous soul that is alone and without a teacher is like a lone burning coal; it will grow colder rather than hotter. (...)**

Show yourself to us at the break of day.

**Lord, have mercy. Señor, ten piedad.**

El alma enamorada es alma blanda, mansa, humilde y paciente.  
**The soul enkindled with love is a gentle, meek, humble, and patient soul. (...)**

May your loving kindness fill the earth.

**Christ, have mercy. Cristo, ten piedad.**

El árbol cultivado y guardado con el beneficio de su dueño da la fruta en el tiempo que de él se espera.

**A tree that is cultivated and guarded through the care of its owner produces its fruit at the expected time. (...)**

Hear our cry, O God, and listen to our prayer.

**Lord, have mercy. Señor, ten piedad.**

### *Other prayers*

**This is the day that God has made,  
We will rejoice and be glad in it.**

We will not offer to God,  
**Offerings that cost us nothing.**

Go in peace to love and to serve,  
**We will seek peace and pursue it.**

In the name of the Trinity of Love,  
**God in community, holy and one. Amen.**