

# Walking in the steps of the Spanish mystics

A Los Olivos Retreat-Pilgrimage

Segovia & Ávila, 6 – 11 June 2022



	Mon	Tues	Wed	Thurs	Fri	Sat
08.30h		Morning Prayer	Morning Prayer	Morning Prayer	Morning Prayer	
09.00h		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10.00h		Retreat session: <i>The Letters of John of the Cross</i>	Retreat session: <i>The Letters of Teresa of Ávila</i>	Pilgrimage Walk in Ávila: In the steps of Teresa of Jesus with Fr. David Jiménez (Prior of the Ávila Discalced Carmelite monastery)	Retreat session: <i>Wisdom for the journey in the mystics' letters</i>	Guests depart Travel to Madrid*
11.30h		Coffee Break	Coffee Break		Coffee Break	
13.00h		Lunch	Lunch	Lunch at monastery	Lunch	
Afternoon	Guests arrive Travel to venue*	Personal Time (Quiet Time)	Personal Time (Quiet Time)	Return to Segovia	Personal Time (Quiet Time)	
17.00h	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	
17.30h	Welcome & Intro: <i>St. John of the Cross in Segovia (guided visit of the church with Fr Salvador Ros)</i>	Pilgrimage Walk in Segovia: In the steps of John of the Cross by the city walls to the Cathedral	Pilgrimage Walk in Segovia: In the steps of John of the Cross by the river to the Aqueduct	18.00h Reflections on the day	Concluding session 19.00h Eucharist	
20.00h	Dinner	Dinner	Dinner**	Dinner	Dinner	
21.30h	Night Prayer	Night Prayer	Night Prayer	Night Prayer		

\*A courtesy mini-bus will leave Madrid Bernabeu Stadium (Gate 0) at 15.00h. Guests who wish to use this service to travel to Segovia, please, meet at the stadium at 14.45h. Your Los Olivos hosts will be by outside by Gate 0. The return courtesy mini-bus will leave Segovia on Saturday at 10.00h and arrive in Madrid at 12.00h (noon).

\*\* Dinner on Wednesday evening is not included in the price. Guests will be able to enjoy the local cuisine at a restaurant in Segovia.