

Quiet Day  
Evening Prayer  
Liturgy



# EVENING PRAYER

*Sources: John of the Cross (Fonte), New Zealand Anglican Church Liturgy (Evening Prayer & Night Prayer) Iona Abbey Worship Book (Evening Prayer).*



How well I know the fountain that springs and flows  
although by night.

**Its clarity can never be obscured,  
and I know that all light from it shines,  
although by night.**

May God grant us a quiet evening and a perfect end.  
**Amen.**

Amigos, hermanos y hermanas,  
My friends, brothers and sisters,  
our help is in the name of the eternal God,  
**who is making the heavens and the earth.**

Blessed are you, God our light and our life;  
to you be glory and praise for ever!  
When we turned away to darkness and chaos,  
like a mother you would not forsake us.  
You cried out like a woman in labour  
and rejoiced to bring forth a new people.  
Your living Word brings light out of darkness  
and daily your Spirit renews the face of the earth,  
inclining our wills to the gentle rule of your love,  
Creator, Redeemer, and Giver of Life:  
**Blessed be God for ever!**

*A period of silence follows for reflection on the past day.*

God, for your love for us, warm and brooding,  
which has brought us to birth and opened our eyes  
to the wonder and beauty of creation,

**WE GIVE YOU THANKS.**

For your love for us, wild and freeing,  
which has awakened us to the energy of creation:  
to the sap that flows, the blood that pulses, the heart that sings.

**WE GIVE YOU THANKS.**

For your love for us, compassionate and patient,  
which has carried us through our pain, wept beside us in our sin,  
and waited with us in our confusion.

**WE GIVE YOU THANKS.**

For your love for us, strong and challenging, which has called us to  
risk for you, asked for the best in us, and showed us how to serve.

**WE GIVE YOU THANKS.**

*A reading from Scripture: John 21: 15-25 (followed by silence)*

For the word of the Lord,

**Thanks be to God.**

Into your hands, O Lord, I commend my spirit.

**Into your hands, O Lord, I commend my spirit.**

For you have redeemed me, Lord God of truth.

**I commend my spirit.**

Glory to the Father, and to the Son, and to the Holy Spirit:

**Into your hands, O Lord, I commend my spirit.**

Keep me as the apple of your eye.

**Hide me under the shadows of your wings.**

**The Lord bless us and watch over us;**

**the Lord make his face shine upon us and be gracious to us;**

**the Lord look kindly on us and give us peace. Amen.**